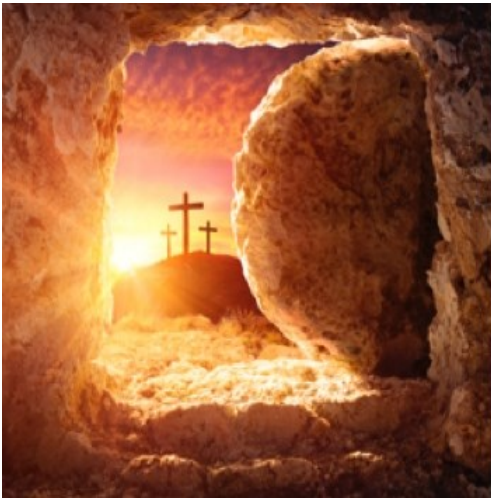




BULLETIN FOR PARENTS AND PUPILS

18th April 2024



Prayer written by Year 10 pupil

Dear Lord, we pray today for the start of a new life.

Help us to be confident and to love who we are.

**To love who you have created us to be and to
celebrate the uniqueness of each person in our
school community.**

Amen

Important Message from Gateshead Council



Dear Parent / Carer,

We have recently become aware of a WhatsApp group entitled 'Everyone you know', which may contain potentially harmful content for any child who accesses it. Some children may have been added to this group without their knowledge or consent and this is of real concern.

We would encourage you to ensure that your child does not currently have access to this and that you monitor their phone closely.

The following websites from Internet Matters and the NSPCC, may support you in this:

[What is WhatsApp? A safety guide for parents Internet Matters](#)

<https://www.nspcc.org.uk/keeping-children-safe/online-safety-blog/2023-01-12-is-whatsapp-safe-for-my-child/>

If you have any concerns or need further advice, please contact your child's school or Gateshead Safeguarding on 0191 4337033.

Gateshead Council

Cardinal Hume football results

We're getting towards the business end of the football season now and the big games keep coming thick and fast. Last week saw three semi-finals being played on our home turf and we came out on top in two thirds of the contests. Not bad. Our Y7 team keep going from strength to strength and made it through to their second final of the season with a convincing victory over a strong St Thomas More team. It could turn out to be one of the most successful seasons any of our teams have ever had. Our Y10 team also made it through to the Gateshead Cup final with an attritional single-goal victory over another strong opponent. The condition of our grass pitch was grim to say the least but the lads battled well on a wet and muddy surface, before their class told in the second half with a dominant display, penning opposition back into their own half for most of the latter period. Both finals to take place soon.

Y7

Cardinal Hume 4 St Thomas More 1 (Joseph Clark(3), Mehretab Awalom)

Y8

Cardinal Hume 4 Emmanuel 5

Y10

Cardinal Hume 1 Emmanuel 0 (Owen Ruddick)



Mr Kiernan

Ouston Bus Service - Update

The Ouston bus service is sometimes operated by the new Altona double-decker bus - mostly in the afternoon, but occasionally on the morning run. This is good news for us, as it provides some flexibility for additional passengers and frees up our own school minibus.



Please note - currently the car-park pick-up is not available, as roadworks nearby mean it is unsafe to use. The first stop is the sheltered bus stop on St Benet's Way (pictured).

This is on the same side of the road as the St Benet's parking area so no additional roads have to be crossed, and students are free to get on the bus at any of the other stops on the route.

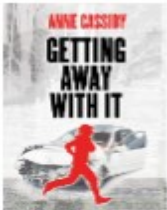


A reminder of new KS3 library lunchtimes for the summer term:

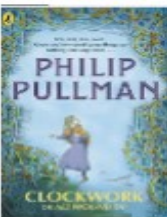
Monday	Tuesday	Wednesday	Thursday	Friday
Year 8	Year 9	Reading Plus and Intervention groups only	Year 7	New KS3 Book Club yr7-9 all welcome every week.

The library has been busy this week with many students coming into swap their reading books after the Easter holidays. Year 7 and 8 students have been busy taking AR quizzes. 7E are currently leading the way with 337 quizzes passed by the class and nearly 4million words read. Well done 7E – a great team effort! There will be rewards later in the year for students who read and quiz regularly throughout this term so please encourage your Year 7 and 8 students to take part.

Students are sometimes put off by the idea of reading a long book so here are a few suggestions for enjoyable shorter reads:



Getting Away With It is about a snap decision which results in a terrible mistake and leaves Mark's girlfriend dead. No one knows Mark was involved, the police can't prove anything. He's gotten away with it, right? Wrong. (AR3.1, 72 pages)



Nightjar by Katya Balen is a beautiful story about Noah, his Dad and an injured bird. As Noah tries to save a fragile Nightjar bird, it becomes clear that his relationship with his Dad needs help too. Can they save the bird, and their relationship? (AR 4.6, 104 pages)



Philip Pullman's dark fairytale is set on a snowy night when two strangers meet in an old tavern. As Fritz begins to tell his spooky story, the strangers Find their worlds colliding. (AR 5.7, 128 pages)



Definition: 1) Cause to continue for an extended period or without interruption. 2) To experience something unpleasant, especially an injury	Synonyms: 1) prolong, continue 2) undergo, suffer
Example: 1) He cannot sustain a normal conversation. 2) He sustained severe head injuries.	Antonyms: 1) halt, discontinue 2) avoid

Sustain

Wellbeing Resources For Parents and Children



Improving
children's
mental health

[Improving children's mental health in](#)



[Home - Kooth](#)

NSPCC

[Signs That a child is Suffering](#)



[YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)



Gateshead Psychological Service



Prince's Trust

START SOMETHING

<https://tinyurl.com/44pyw673>



Ella Halford, Aurora Williamson, Tom Harrison, Lucy McDonald and Gabriel Eccleston

Congratulations to five talented Year 9 pupils who successfully completed a 10-week creative writing course in March, involved writing an original story containing specific elements set by the organisation. There were several interim deadlines for the students to meet during the project and we're delighted that all five who volunteered for the project met the challenging deadlines and wrote their original tale. To learn more, use the link below.

[TICE Spring 2024 Showcase - Writing Utopias \(youtube.com\)](#)

