



# THE CARDINAL'S VIRTUES

## THE OFFICIAL ETHOS NEWSLETTER OF CARDINAL HUME



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### SCHOOL TERM DATES 2023/24

#### AUTUMN TERM 2023

Mon 4th Sept - Fri 22nd Dec

#### School Holiday

Mon 23rd Oct - Fri 27th Oct

#### SPRING TERM 2024

Mon 8th Jan - Fri 28th March

#### School Holiday

Mon 12th Feb - Fri 16th Feb

#### SUMMER TERM 2024

Mon 15th April - Fri 19th July

#### School Holiday

Mon 27th May - Fri 31st May

## THE POWERFUL POTENTIAL OF PRAYER

'Don't worry, be happy' is a classic song by Bobbie McFerrin and whenever I hear that song, I am reminded of those 'Keep calm and...' posters that used to be everywhere. I don't know about you, but they did anything but make me stay calm as it is not as easy as that. The pace of life today causes many people to feel anxious because they are continually tired and leave no room for their own self-care.

We are being told that worry and anxiety are more prevalent in our world than ever before. I don't know how true that is, however, I do think that we have lost the basic strategies that help us to cope. Anxiety has the power to tear us apart. Our bodies going in one direction, but our minds are somewhere else. This could result in us not being able to sleep and being unable to enjoy the present moment. Even though we try, it seems that no matter what we do, we can't seem to prevent worry from returning to our minds. We think we have no control, but we do.

As Guvna B told our year 9 students, we need a new perspective. By thinking that our lives depend on how many virtual likes or followers we get, we may be losing meaningful connections with others. As humans, we are such successful animals because we live in community caring for and supporting each other. We need physical connections. It is suggested that a lack of feeling physically part of the community causes a lot of our worry, isolation and disconnection. However, there is more to human life than simply the physical and humans also need spiritual connections to God, the source of all love and goodness. This in turn will allow us to make meaningful connections to others.

As we look forward to the summer holidays, there just seems so much to cause us continual anxiety. We are aware that we are living in an increasingly precarious world, the cost-of-living crisis and political turmoil have taken over

from the problems of COVID which itself has left us with social complications. In addition to this, research tells us that young people are increasingly worrying about Climate Change and how this will impact their futures. So, what can we do?

As our students prepared for their external exams, they were given various strategies to help them to stay calm; breathing exercises; mind maps; learning walks, you know the sort of thing. However, we are a Catholic school and one approach our school prides itself in is to encourage students to access the ultimate strategy for remaining calm, prayer. We believe prayer is the most powerful strategy to alleviate anxiety and worry by allowing us to rest in God and give him all our worries. As the psalmist says, "my soul finds rest in God"

Why do we believe that God will always listen? Well Jesus himself tells us not to worry but to trust in God and walk in his ways. He encourages us to, "Come to me all you who are weary and burdened, and I will give you rest" Matthew 11:28

In addition, St Paul teaches in Philippians 4:6-7 "Do not be anxious about anything, but in every situation, by prayer and petition, with thanksgiving, present your requests to God. And the peace of God, which transcends all understanding, will guard your hearts and your minds in Christ Jesus".

Cardinal Hume School community prays that you, our extended family, will enjoy a peaceful restful and prayer-filled Summer always remembering as St Paul teaches, 'Every time we think of you, we give thanks to our God. Whenever we pray, we make our requests for all of you with joy'

May you all be greatly blessed with this sacred peace of God.

*M. Burgess*

MRS. M. BURGESS  
Director of Ethos

## DARING TO DREAM OF DURHAM

Year 8 Durham University Experience. In the final week before school finished for the Easter break a small selection of year 8 students were invited to Durham University to take part in an excellent event looking ahead at GCSE options and university life.

Throughout the day our students had the opportunity to reflect on their studies throughout year 8 and look ahead to what GCSE options they might select come year 9. Alongside this they had the opportunity to look towards the future and begin to think about their career aspirations and whether university or other pathways would help them to achieve their ambitions.

Early in the event students were split into smaller groups and attended some university taster sessions which were led by the outstanding teaching staff at Durham University. Within the lecture theatres, students were tasked with a wide variety of challenges from a range of subjects including psychology, geography, history and philosophy. There were too many highlights from the day to possibly comment on all of them but here's a snapshot of some of our favourites.



The first highlight was watching our students in their element during the Psychology seminar where they learned about how the brain works and how the brain can adapt to different situations. During this session, they had the opportunity to test their hand-eye coordination with a game which really brought out the competitive nature of all schools involved. The highlight was seeing Anthony get 2nd place overall with 58 hits in 30 seconds. Another notable moment was seeing our students really engage in the Philosophy

seminar when they discussed an array of 'moral dilemmas' using the Moral Machine game where Thomas had some thought-provoking suggestions that even had the lecturer thinking. Another note-worthy moment was seeing Tegan, Charlotte, Ella and Ruby use their detective skills from history lessons to solve a 19th-century crime and watching Jack, Amber and Oliwier impress with their geographical skills in the money madness game with the professor from the geography faculty.

As always, a big thank you to Durham University for inviting us and well done to all the students involved in the day.



## DURHAM PATHWAYS TO THE FUTURE

Durham Pathways to the Future On Wednesday 21st June, a selected group of year 9 pupils spent a morning at Durham University, seeing what they had to offer as they consider their future pathways. The University staff put on an interesting morning, which included a tour of university buildings and one of colleges of accommodation. There was also a presentation outlining what courses and facilities the university had to offer which culminated in a Q&A session with current students.



## CONNECTING WITH OUR COMMUNITY

As part of a project called 'The Linking Network', a group of pupils from year 7 have been making connections with year 5 and 6 pupils from St Wilfrid's primary school in Gateshead. They have thrown themselves into the project with huge enthusiasm! Throughout the linking journey, pupils have been learning about identity and equality, culture and diversity and community action.

In May, we were invited to the Laing art gallery in Newcastle where the pupils from the different schools met for the first time. After getting to know each other through some linking games, they were given the opportunity to circulate the gallery and discuss the artwork. Inspired by the stories behind the art, pupils from the two schools joined forces in creating their own characters and assembling them in a giant collage! The next phase of the project has been a joint community action project.

The year 7 group visited St Wilfrid's primary school and talked about the issue of litter in the area surrounding the school. They grabbed litter pickers and bin bags and 'Team Linking Network'



made a wonderful impact on the community through clearing the area of rubbish. There was also time for a team building challenge to see who could build the tallest tower out of scrap paper destined for the recycling bins! We will be soon welcoming the St Wilfrid's pupils to Cardinal Hume to carry out some kind actions for the environment here. All pupils have made us very proud!

## ONWARDS TO OXFORD Oxford in the North Conference

In the last week before the Easter break, Year 9 and 10 pupils attended an outstanding 'Oxford in the North' conference in school. Richard, an ambassador from Oxford, spoke to pupils about making informed choices about studying at university based on passion and interest and the great value of getting involved in extra-curricular activities to support our personal development and open our minds. Pupils learnt about university choices, including Russell Group universities, student finance and the application process.

There was a great focus on life at Oxford, its history and the fascinating scope of study and research that happens there - in addition to the huge range of super-curricular pursuits available. Richard was delighted to address any concerns that Oxbridge is only for the 'posh'! Pupils were given some debating questions to illustrate the value of oracy and Richard was highly impressed with our pupils' contributions!



## ST ANDREW'S CHURCH HALL FETE

On Friday 23rd June, a dozen year 9 pupils took the minibus down to Lamesley to help with the setting up of the summer fair for St Andrew's church, which took place the following day. A request had been submitted through the school chaplain and the pupils were happy to oblige.

The elderly parishioners were most grateful and impressed with the work our students did.

The parishioners were especially grateful for the speed with which our young students completed the tasks that they admitted would have taken them all day to complete.



## JOLLITY AT ST JOSEPH'S Year 8 volunteering at St Joseph's Church

Following the success of the Year 9 and Year 10 volunteering projects at St Oswald's Church, Wrekenton and St Joseph's Church, Birtley earlier in the year some of our year 8 students were keen to follow in their footsteps and contribute to their local community.

As part of the Year 8 Character Information & Guidance lessons entitled 'Small Actions; Big Impact' 13 of our enthusiastic students carried out a volunteering project at St Joseph's Church, Birtley over a 2 day period.

The first day focussed on maintaining the grounds and garden as well as picking some fresh vegetables from the allotment for the church community to enjoy. From the onset our students didn't hesitate to roll up their sleeves, put on a pair of gardening gloves and pick a tool of their choosing.

As you'll see from the images the students made a tremendous difference to the appearance of the grounds in such a short period of time.

During the second day the students moved on to clearing and improving the exterior of the church facilities by doing some weeding and pruning the hedges.

The students' volunteer work is a great example of how our young people can make a difference in their communities. The students involved said that they learned new skills, gained a sense of accomplishment, and felt like they'd really contributed to improve their community.

Thank you to Deacon Peter for hosting us.



# AWESOME AMBASSADORS

## Pope John Paul II Award

Back in November last year I was invited by Mrs Jo Proctor, Chaplain, to your school to meet JP2A students from St Joseph's Parish, Birtley, and to suggest to them ways in which they could become more involved within the community. I was delighted that day to meet Alana, Pavel, Lilly, Anyia, Hannah, Isobel, Harry, Emily and later Anya (Imogen was unable to attend) and was most impressed with their enthusiasm and commitment.

Within no time at all, arrangements were made for them to join various individual groups like: Serve on the Altar, help with the Youth Club, join the Music Group, Reader, help with the Children's Liturgy, Service of Welcome and delivering our weekly Parish Newsletter to an elderly, infirm, parishioner.

I recently approached the group to see if anyone would like to get involved with our Picnic in the Church Grounds on Sunday, 7th May, to celebrate King Charles & Queen Camilla's Coronation. I was overwhelmed with the response, not only from St Joseph's students but others too who wanted to raise funds for their forthcoming World Challenge Expedition to Morocco in 2024. They not only arranged a raffle and soft-toy tombola stall, which raised a good amount of money for their funds, but also helped on the day setting up tables, odd jobs, handing out the celebration cake, and clearing away afterwards. They were excellent ambassadors for Cardinal Hume School - both parents and school must be so proud of them. The attached photos say it all.

Finally, I was completely overcome and humbled by a response I received from Harry Thompson recently when I had to break the sad news to him and Anyia Myers, that the elderly lady they had been taking our Parish Newsletter to each week, had died. I quote from Harry's e.mail:- "Although I have not known Joan for a long time, I can say she has had an enormous impact on both mine and Anyia's lives. It has been an absolute pleasure to deliver the Newsletter to her and get to know her over the past few months. Thank you for allowing me to have the pleasure of being able to get to know such a wonderful woman. She will be dearly missed by all." I understand Harry and Anyia visited Joan at Christmas with flowers and chocolates. At their request I will be privileged to accompany Harry and Anyia at Joan's funeral.

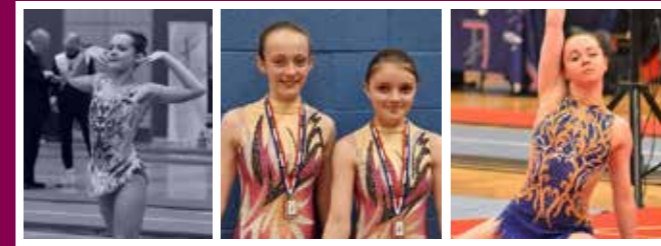
May I congratulate Cardinal Hume School, and everyone involved with the Pope John Paul II Award for the tremendous work they are doing. These are wonderful examples of the effect the Award has on young people and enables participants to take an active role in the life of their Church and in the life of their community and society.

Catherine Tumelty  
Parishioner, St Joseph's Church, Birtley



# GLORIOUS GYMNASTS

## National Competition Success



Several of our talented students attend Gymnastics sessions at Northern hope and have achieved great success this year. The girls work tirelessly on their routines showing enormous commitment to their sport.

In order to qualify the girls had to finish 1st, 2nd or 3rd at the regional competition. Five of our talented students worked hard and managed to achieve that, resulting in them representing the North region and our school at the National finals which took place at Stoke on Trent in May.

In this competition they were up against the best Gymnasts from all over England.

The immensely talented Ava Wears and Sophie Garratt competed as an acro pair and achieved gold in the regional final. At the national final they competed in the U14 category. They performed amazingly and were 0.1 point away from achieving joint first place. This was even more of an outstanding result bearing in mind that there were 12 couples and they had been the first to perform.

Emi Alberts competes as an acro pair with a student from another school. They qualified for the national final by gaining a silver medal at regional level. The girls worked tirelessly to improve their routine and came away with a Bronze medal in the National final.

Eve Halliday, a very competent athlete who excels in a wide range of sports as well as Gymnastics and Dance, worked tremendously hard and attained Gold medals in both the regional final and the national final in Stoke.

Finally, Erin Chape who has only been competing in tumbling competitions for two years, achieved a bronze medal in the national competition. This is a fantastic result in view of the fact that she is only a recent competitor in this discipline.

# URGED TO CHANGE OUR PERSPECTIVE



Isaac Charles Bortey Borquaye, better known as Guvna B, is a rapper, author and broadcaster from Custom House, London. He has released 10 albums, 2 books and has produced segments for the BBC and is a football pundit for Sky Sports News.

We were very lucky to have him in our school this term to share his music and life journey with our year 9 pupils. He shared his faith, his music, and his life experiences in order to witness and impact our young people.

Using rap and a Q and A session, he was able to spread the message that, no matter who you are or where you come from, God loves you. He explained to our attentive students that, there are three questions to ask yourself to find out what talent God has given to you. The first question is, 'What are you naturally good at?' The second is, 'What do you love to do?' The third is, 'What are your passions with regards to the issues we face in the world today?' The overarching challenge was, once you have discovered your talent, how will you use it for God?

It was a real gift to have Isaac in our school as he shared the very moving story of losing his father as a spoken word poem. He described his loss and the challenges it created for him. He explained that he had needed to change his perspective to cope and encouraged us all to do this in our own lives. He said instead of feeling as though his father was getting further and further away from him, through his faith and his belief in Heaven, he changed his perspective, and it made him realise that he is actually moving closer and closer to a time when they will be reunited. He also shared how his faith was the lighthouse in the storm.

Knowing how difficult it has been for our school community this year in losing Tomasz, Isaac was able to bring hope and light to our hearts by his testimony and his positive presence. As part of a special weekend, on the Friday evening, in Saint George's 'Alive Church' Low Fell, Guvna B invited our students to listen and embrace the Christian message of hope. Our year 12 JP11 students volunteered at the evening event. Acting as stewards they supported the many young people who attended the event.

A great afternoon and a wonderful evening was had by all.



# COLLABORATING CODERS

A group of year 8 students took part in an exciting workshop called 'Coding with Sphero'. During the session, the students looked at the fundamentals of computer coding and robotics which was led by an expert from Northumbria University.

During this workshop, the students learned about the world of computer coding in a hands-on, fun way and were able to see how their codes could manipulate a Sphero robot.

Throughout the session, students worked in teams and collaborated to solve a variety of different challenges. Some of the problems were quite complex but our students really persevered showing excellent teamwork skills, resilience, and an ability to truly think outside the box which allowed them to overcome any challenge!!

Big thank you to Mr Mitchell from Northumbria University for leading the session and for generously gifting some small prizes for our students' efforts.



# BRILLIANT BALTIC

Year 8 visited the Baltic Art Gallery for a tour of Hew Locke's latest exhibition 'The Procession'. Whilst on the visit the students received a talk about the artist, the history of the Baltic and the all-famous Tyne Kittiwakes.

It was a memorable experience and allowed our students to learn outside of the classroom whilst also offering an opportunity to incorporate lots of learning from subjects like, Art, History and Geography.



## CELEBRATING CAFOD

As a school we were delighted to be able to celebrate with 26 of our year 12 students who completed the CAFOD young leaders award this year. They have been an incredible group of students who have worked so hard to fundraise and raise awareness in both our school, the local parishes and even in Wembley Arena as part of flame 2023. Through meeting weekly after school with Kirsty Hutchinson from CAFOD and our Chaplain Mrs Proctor, they have developed their knowledge of the many global issues we have today and looked at problem solving and ways they can help and support to make a difference. They used their newfound awareness to share with and engage the whole of our year 7,8 and 9 students in the BIG LENT WALK. This involved planning activities and lessons about the global crisis and encouraging and leading the young pupils around our school field. It was a wonderful event and the school raised £849 for CAFOD.



Doing the young leaders award enhanced their leadership skills broadened their knowledge of Laudato Si and the challenge Pope Francis has given us all to make the world a better fairer place for all. They were all presented with a certificate from CAFOD and given special recognition from the Head teacher Mr Robson.

## GIRL POWER

### Girls' Network: We Can Do It!

We have been very fortunate to have been able to hold three workshops with the Girls' Network for a group of 18 girls in year 10 recently. The Girls' Network is a national charity which seeks to educate young women about equality, create opportunities to meet inspiring women working in different contexts, including male dominated industries, and empower them with confidence as they consider their own futures. In the first workshop, the girls learnt about developing a personal brand, and how to value themselves highly as they were presented with facts about women in the workplace past and present. All of the girls took part with enthusiasm in the activities to develop their knowledge in these areas, including discussions about inspiring women today fighting for gender equity. In the second workshop the girls learnt about how to build confidence, and the value in raising the confidence of others to support a more equitable society. In the final workshop they met four inspiring women with very different careers, who spoke about their experiences as young women navigating through education and the world of work. The girls put them through their paces with some questions which they answered with complete honesty! The girls were a credit to themselves, and the Girls' Network mentors were highly impressed with them all.



## CAN YOU BE OUR COMMUNITY CLIMATE CHAMPIONS?

We are the Climate Group, and we would like your help to make our school and local community more environmentally aware.

We are in the process of becoming a CAFOD Live Simply school and as part of that, we celebrated Earth Week. The theme was, 'Invest in our planet' and this links in well with our own theme of 'Think smart, waste less'.

The main strands of the Earth Week theme are:  
Climate literacy  
Vote Earth  
End plastic use  
Global clean-up  
Plant trees  
Sustainable fashion

Because of our involvement in this, and in response to Pope Francis' encyclical, Laudato si, we have created our Monthly green goals. These are displayed around school to raise awareness of the problems facing the earth and identify the key things that we can do to alleviate the problems and pick up our responsibilities as stewards of God's creation.

As an integral part of our community, we would love it if you could join us in our goal to live more simply and walk more gently on the earth.

Our monthly green goals are:

**January:** cut down the amount of food you waste

**February:** Reduce paper waste

**March:** Don't use plastic bottles

**April:** Turn off taps

**May:** Turn lights off when you leave a room

**June:** Recycle correctly

**July:** Switch off electronic devices after use

**September:** use reusable bags

**October:** Take showers not baths

**November:** Use public transport or walk

**December:** Buy Fairtrade products

Whatever you can do to help us spread our message would be much appreciated. Together we will make a huge difference. Thank you



## OPENING TO THE OUTDOORS

### Cardinal Hume Outdoors 2022-2023

This year approximately 150 pupils across key stage 3 and 4 have embraced the challenges presented by the varied outdoors programme on offer. Pupils have canoed, climbed, caved and canyoned.

Through these activities pupils have developed determination and self-confidence. Many have shown leadership attributes as well as being strong team players and all of those involved have had the opportunity to put themselves and these skills to the test.

There has been some fear and importantly the opportunity to overcome some of these psychological barriers.

All these experiences have taken place in beautiful parts of the UK's natural world so as well as having challenging adventures these experiences have given our pupils an



opportunity to get up close and personal with the natural world and better understand the processes which shape it. This year's programme culminated with a year 7 residential trip to the Lake District and our annual memory mountain which took place alongside the whole school memory mile to commemorate all members of our school community who have been taken from us too soon. This year we set the challenge of climbing Helvellyn in the Lake District with any funds raised being contributed to the charities Cancer Research UK and Lives Not Knives. We're extremely proud of all the pupils who have taken part and shown great endeavour. We look forward to more adventures and challenges next year.

*Mr Johnson (Head of Geography/Leader of Outdoor Education)*

## COUNTY CUP SUCCESS

It is always hard work when you are facing a team that you haven't met before, but we formulated a plan from what we knew about the team. They have Sunderland academy players plus several of their team play for the county schools' team. Nevertheless, I had a feeling that this could be our day.

The team started the game strongly and it soon became clear that this was going to be a great game. As predicted it took the team a little while to settle but we managed to score a quick goal after a particularly strong run from Nicole. However, our celebrations were short lived when St Josephs equalised. The score remained 1-1 until the start of the second half.

We all knew that the next goal would be the one that decided the match and after several great runs Nicole past various players to take a strike at goal. Unfortunately, it was saved by the keeper. Lucky for us, Poppy was on the end of it and slotted it into the back of the net.

The team remained formidable in the last 10 minutes and despite a few heart stopping moments clinched the victory.

What made this victory even sweeter was it was celebrated with parents and friends and even several members of staff.

Thank you, girls, for making this year incredibly special for me and one that I won't forget.

U 16's County Champions - Millie Hall, Faith Garvey, Imogen Husband, Lois Husband, Leah Hill, Ruby Maguire, Olivia Wind, Grace Atkinson, Estelle Husband, Ellen Turner, Esther Lane, Kiera McNeil, Nicole Maxwell, Poppy Salisbury, Lacey Walker, Sophia Winship



## OUR UNFORGETTABLE FOOTBALL SEASON

**Our under 16 girls Football team are history makers. They were joint winners of the County Cup with St Josephs in 2019-2020. Winners of the County Cup beating St Josephs in the final 2-1. 2022-2023. Semi-finalists in the national cup.**

I have had the pleasure of coaching this team since they were in year 8 and they have always showed great promise. In their first season they were joint winners of the County cup and they epitomise the very meaning of team. Every player has their own unique strength and I think this quote sums them up

"Alone we can do so little; together we can do so much"

I have been so lucky this year to work with such a big squad. It soon became clear that a lot of teams that we played couldn't cope with our strong tackling especially in the midfield and our electric speed upfront. The team would often have me biting my nails by often taking at least 20 minutes to get into the flow of the game. It became commonplace for them to come back from behind, due to their natural ability to work together breaking teams down with their accurate passing of the ball. I always knew that it would take something special to beat the defensive line up and Millie in goal who made some crucial saves throughout the competition. With each win their confidence grew, and they started to believe in themselves and each other.

Along the way we faced teams that fielded strong academy players who were still no match for 11 strong players working as a unit.

In the national competition which started with 297 teams we won all our matches to reach the semi-finals. This is an amazing feat which has never been achieved before.

After 8 nail-biting rounds, we travelled down to Cambridge the night before the final enjoying a nice Italian meal together on route. Match day was a hot one and we arrived with plenty of time to get ourselves organised. It was clear from the start that some of the decisions weren't going to go our way and unfortunately two goals were quickly scored as a result. It remained 2-0 for the rest of the first half and despite some chances we just couldn't seem to get into the game. During the second half the team continued to work hard but couldn't get close to their opponent's goal. Comberton went on to score 3 more goals finally winning the game 5-0.

Despite losing this game I was so proud of my team as their courage and resilience were exceptional. Every single player endeavoured to play their best, but it just wasn't our day.

Thank you, ladies,  
Mrs Matthews

# COMPETITIONS GALORE

## Football write-up by Mr Kiernan

The 2021-22 season was a great one for Cardinal Hume Catholic School with our teams winning four trophies across the age groups. We thought it was going to be a difficult act to follow in the 2022-23 season just gone but our teams have once again risen to the challenge superbly.

Yet again, we have managed to collect four major trophies along the way during a highly competitive Gateshead league and cup season, as well as a Durham County Cup campaign with a glorious ending.

Starting with our newest team, our Year 7s. They finished the season as Gateshead League champions, managing to remain unbeaten across their eight games. In fact, they didn't lose a single game all season within regulation time; all three of their cup defeats coming after penalty shoot-out heartache. We look forward to seeing this set of lads continue to impress next season.

By far our busiest team this season was our Year 8s who played a total of 22 fixtures across five competitions and they were competitive across the board. Narrowly missing out on a County Cup final appearance with a close defeat in the semi-final, as well as finishing runners-up in the Gateshead League, their greatest achievement took place at Newcastle United Academy where they won the Gateshead Cup in a seven-goal thriller against St Thomas More. The least those lads deserved for their efforts this year.

Our Year 11 team ended their five years with us in style, finishing runners-up in both the Gateshead League and Cup. It would have been lovely for these lads to finish with some silverware but they have certainly done us proud across their time at the school.



Another team who did us proud this year were our Year 10s. While they found the competition tough in the local league and cup competitions, they produced some fine results along the way. Their most memorable match took place in October where the result was secondary. After losing their beloved friend Tomasz the previous week, their County Cup match versus Oxclose took place and the game was dedicated in memory of Tomasz. He continues to be missed by the lads and staff alike.

Last but by no means least, our Year 9 team. What a season it has been. After losing their first couple of fixtures, there was no indication of the success that was just around the corner. However, the lads shrugged off the disappointment of these early defeats and went on a huge unbeaten run across three different competitions. While losing out at the semi-final stage of the Gateshead Cup, the lads won the Gateshead League for the second year running, winning their last five league games without conceding a single goal. The icing on the cake though came on 19th April at the beautiful venue of Durham's Maiden Castle. Up until that night, there had only been three other teams in our school's history to have won a Durham County Cup but our lads duly became the fourth with a truly memorable penalty shoot-out victory against a very strong Monkwearmouth opposition.

Congratulations to all involved for what has been a memorable 2022-23 season and we'll all be back in September for more thrills and spills.



## SPORTS PRESENTATION EVENING 2023

Sports presentation evening was held on Monday 26th June. It was great to celebrate the talent of our students and our success over the academic year 2022-2023.

Our special awards were presented to:

**Sportsperson of the Year: Saoirse Fleming**

**Girls Extracurricular Award: Ellie Wood**

**Boys Extracurricular Award: Colgan Thomson**

**Fair Play and Respect Award: William Keltie**

**Contribution to Leadership Award: Olivia Harwood**

**Team of the Year: U16 Girls Football**

(Faith Garvey, Millie Hall, Leah Hill, Imogen Husband, Lois Husband, Estelle Husband, Esther Lane, Ruby Maguire, Nicole Maxwell, Keira McNeil, Poppy Salisbury, Ellen Turner, Lacey Walker, Olivia Wind, Sophia Winship, Grace Atkinson)

Well done to all students who have represented our school. You have been a credit to yourselves and our School. We are so proud and hope to see you all again next year.

### Sporting Honours 2022-2023

Y7 Boys Football Gateshead League Champions

Y7 Boys Gateshead Futsal Champions

Y7 Boys Sportshall Athletics Champions

Y7 Boys Rugby Gateshead Runners up

Y7 Boys Basketball Gateshead School Champions

Y8 Boys Football Gateshead Cup Champions

Y8 Boys Gateshead Futsal Champions

Y8 Football Gateshead League Runners-up

Y8 Boys Sportshall Athletics Champions

Y8 Boys Rugby Gateshead Champions

Y8&9 Boys Basketball Gateshead School Champions

Y8&9 Girls 7 a-side Gateshead Runners up

KS3 Lawn Bowl Champions

Y9 Football Gateshead League Champions

Y9 Boys Football Durham County Cup Champions

Y9 Boys Rugby Gateshead Runners up

Y10&11 Girls Gateshead Schools Athletics Champions

Y10&11 Boys Basketball Gateshead School Champions

Y10&11 Lawn Bowls Champions

Y10&11 Girls National Cup Semi-Finalists

Y10&11 Girls County Cup winners

Y11 Gateshead League Runners-up

Y11 Gateshead Cup Runners-up