

Activity	Description of Activity	Location	Day	Times	Age Range	Duration	Booking Contact
Trampoline	An introduction to trampoline, development of techniques and the development of routines.	Sports Hall	Monday	3.15-4.15	Year 7	1 hour	
Trampoline	Coach led session to develop routines for intra and inter competition.	Sports Hall	Friday	Lunch 1	All	45mins	
Dance	Dance Festival	Studio	Monday	3.15 - 4.15	Year 8&9	1hour	
Dance	Dance for fun	Studio	Monday	Lunch 1	Year 8&9	45mins	
Dance	Dance Festival	Studio	Wednesday	Lunch 1	Year 7	45mins	
Dance	Dance Festival	Studio	Friday	Lunch	Year 11	45mins	
Dance	Dance Festival	Studio	Thursday	Lunch 2	Year 10	45mins	
Football	Boys Squad training (various)	Meet in Changing Rooms	Monday	After-School			
Football	Girls Football	Meet in Changing Rooms	Thursday	After-School	All	1hour	
Fitness	CV and Conditioning.	CV Gym	Monday	Lunch 1	Year 7,8,9	45mins	
Fitness	CV and Conditioning	CV Gym	Thursday	Lunch 2	Year 10,11,12	45mins	
Fitness	CV and Conditioning.	CV Gym	Wednesday	Lunch 1	Year 7,8,9	45mins	
Girls Cricket	ECB Coached session - skills and match practic	Sports Hall / field	Tuesday	After-School	All	1hour	
Girls Rugby	Skills and Coaching and tournament preparation	Meet in Changing Rooms	Tuesday	After-School	All	1hour	
Rugby	Boys Rugby; Skills, games and match prep.	Field	Tuesday	After-School	Year 8	1hour	
Rugby	Boys Rugby; Skills, games and match prep.	Field	Tuesday	After-School	Year 9	1hour	
Rugby	Boys Rugby; Skills, games and match prep.	Field	Tuesday	After-School	Year 7	1hour	
Basketball	Boys and Girls Skills and pre-comp training.	Sports Hall	Monday	Lunch 1	Year 7,8,9	45mins	
Basketball	Boys and Girls Skills and pre-comp training.	Sports Hall	Tuesday	Lunch 2	Year 10,11	45mins	
Basketball	Girls Skills and Lake Garda-comp training.	Sports Hall	Thursday	Afterschool	All	1hour	
Basketball	BCS match/training	Sports Hall	Wednesday	Afterschool	Year 12,13	1hour+	

Table-Tennis	Singles & Doubles coaching and Competition	Sports Hall	Wednesday	Lunch 1	Year 7,8,9	45mins	
Badminton	Singles & Doubles coaching and Competition	Sports Hall	Thursday	Lunch 1	Year 7,8,9	45mins	
Netball	Coaching and match preparation for the Gateshead Leagues	Outside	Wednesday	Afterschool	All	1hour	
Hockey	Coaching and match preparation for the Gateshead Leagues	Outside	Monday	Afterschool	All	1hour	
Climbing	Girls 'come and have a try' sessions.	Climbing wall	Tuesday	Afterschool	All	1hour	
Climbing	Boys 'come and have a try' sessions.	Climbing wall	Monday	Afterschool	All	1hour	
CERN VISIT	Visit by A-level Physics students to CERN	Geneva	Dec-12	17-12-12 till 19-12-12	Year 12/13 Physics students	3 days	A. Carruthers
VI Form Astronomy	VI form students learn how to use the school telescope which they can then book out and take home to do some observing	Home/Field	Friday	IAG and after school	Year 12		R. Swinney
School Production - March - July	Rehearsals and performances	School hall / Music Dept	Friday	12.40 - 1.15 p.m. and after school	Y7-Y13	weekly practice sessions	JPO / RFT /KFE / SLN / EBE
Wind Band	Rehearsals and performances	Music Dept.	Wednesday	3.30-4.30p.m.	Y7-13	60 minutes	JPO
String ensemble	Rehearsals and performances	Music Dept.	Wednesday	3.30-4.30 p.m.	Y7-13	60 minutes	JPO
Instrumental lessons	small group tuition by Music Service	Music Department	Tues - Friday	various	Y7 - Y13	23 hours	JPO
Upper School Choir	Rehearsals and performances	Music Dept.	Tuesday	13.40 - 2.15 p.m.	y10-y13	weekly practice sessions	JPO
Lower school choir	Rehearsals and performances	Music Dept.	Friday	12.50 - 1.30p.m.	Y7-9	weekly practice sessions	RFT

Composing/ICT	Small groups working in dept.	Music Dept.	Tuesday-Thursday	3.30-4.30p.m.	y10-y13	varies	JPO
Studio training	Small group training with technician	Music Studio	Tues and Thursday	BY ARRANGEMENT	Y7-13	1 x 4 hours per week	JPO
Keyboard Club	Keyboard tuition	Music Dept.	Monday	3.30-4.15pm	KS3	45 minutes	JPO
Guitar Club	Guitar Tuition	Music Dept	Thursday	1st Lunch	KS3	45 minutes	JPO
KS3 Homework club	After School homework club staffed by LSA's to offer addiotnal support to students struggling to complete homework.	SEN Dept	Monday to Thursday	1st Lunch	KS3	45 minutes	DES
KS4 Homework Club	Lunchtime homework club staffed by LSA's to offer addiotnal support to students struggling to complete homework.	SEN Dept	Wednesday	3.15pm - 4.15pm	KS4	60 Minutes	DES
Board Games Club	Year 7 and 8 girls and boys	SEN Dept	Thursday	3.15pm - 4.15pm	KS3	60 Minutes	DES
Games Club	Sport activities for KS3 vulnerable students boys and girls	SEN Dept	Tuesday	3.15pm - 4.15pm	KS3	60 minutes	DES
Year 7 Science club	Weekly investigations and fun science tricks	Science S1	Wednesday	3:15 to 4:15	KS3	60 min per week	KAN
MFL Trip Study Visit to Normandy (July 2013)	50 Year 7 & Year pupils involved. An opportunity for students to use their French langauge skills and learn about the culture of France	MFL	11th-16th July 2013	N/A	KS3 (Year 7 & 8)	5 days	DHE
Polish Language and Culture	An opportunity to learn about the language and culture of Poland and to celebrate the diversity in the school	MFL	Thursday 22/11/12	12.45 - 13.15	KS3	30 mins	DHE
India Group	Part of our on-going partnership with Bhavan's Rajaji Vidyashram (Chennai, India)	MFL	Thursdays	12.35 - 13.15	KS3	45 mins	RSK

Comenius Project	A 2-year International project - a partnership of 6 schools across Europe involving overseas visits for pupils and staff.	Global Group	Thursdays	12.45 - 13.15	Y9	30 minutes	VPS / ISN
A-Level Further Studies Visit - Newcastle University	A university taster session of MFL at University	MFL	Oct-12	12.00 - 4.00	KS5	Half Day	DHE
Duke of Edinburgh	A year-long personal challenge involving outdoor pursuits and community service.	D of E	Ongoing	Meetings are called variously, and expeditions are organised for weekends	KS4 and 5	Day and weekend expeditions	PBS
Northern Stars Documentary Academy		Tyneside Cinema	Summer School and weekends			Aug-Oct	MSE
LINK	Laing Arts Group for young people	Laing Art Gallery	Sunday			Sept-July	MSE
IAMCREATIVE	Cross curricular advertising competition		To be confirmed				MSE
ARTICULATE	Visual literacy project in conjunction with Laing Art Gallery	Laing Art Gallery	To be confirmed				MSE
Arts Award (Bronze)	Creative projects	G4	Tues	3:15-5:00	13-16	Sept-July	MSE
Arts Award (Silver)	Creative projects	G4	Tues	3:15-5:00	15-16	Sept-July	MSE
Art Club	After school art activities	G4	Thurs	3:15-4:30	11 to 14	Sept-July	MSE
Art Club	Lunch art activities for low	G5		12:15-1:15	11 to 14	Sept-July	CCN
Culture Vultures	Sixth form Enrichment. G	Outside school	Fri	12:30-4:00	16-18	Nov-Feb	MSE
Art and Photography	Sixth form Enrichment.	G4	Fri	12:30-4:00	16-18	Sept-Nov	MSE
This is Creative Enterprise	Vocational workshops with	Outside school	To be confirmed				MSE